



**ECA CANOE SPRINT, PARACANOE & SUP  
EUROPEAN CHAMPIONSHIPS  
SZEGED 2024**

# DEAR FRIENDS, DEAR FUTURE GUESTS,



As Chairman of the Organising Committee, I have the honour to express my joy and excitement about the 2024 ECA Canoe Sprint, Paracanoe & SUP European Championships.

We have hosted the most prestigious international competitions in recent years, but 2024 is also a great comeback for us by returning to European canoeing. The best athletes from the continent will be coming to Szeged, Hungary for two major events, as the European qualification event will be also held on the Maty-ér, which is the last chance to qualify for the Olympic and Paralympic Games.

European Championships have only been held once before, in 2002, on the legendary Maty-ér racecourse. It will also be the last serious test of strength for the athletes before the most important competition of their lives, the Olympic and Paralympic Games.

I can assure you that my colleagues and I will put all our energy and knowledge into providing the best possible service to the athletes who come here. I am sure that the history book of the sport will be filled with another colourful chapter, with memorable battles and exceptional atmosphere.

We are also on the threshold of a historic event, because together with the sprint and paracanoe disciplines we will organise the very first SUP European Championships. I think Stand Up Paddling has made incredible progress in recent years, which we have already experienced at the 2021 World Championships in Balatonfüred. We are proud that Szeged is the birthplace of the first SUP European Champions.

In conclusion, on behalf of the Hungarian Canoe Federation and the Organising Committee, we look forward to welcoming you all in Szeged, the city of sunshine, between 12-16<sup>th</sup> June! Let this competition be a celebration of European paddlesports!

Friendly regards,

Bálint Szakács

Managing Director of the Hungarian Canoe Federation  
Chairman of the Host Organising Committee

# ISTEN HOZOTT AND WELCOME!

On the following pages, we walk you through all the necessary information that may guide you and your team on the way to Szeged. Apart from the general introduction of the city and the Regatta Course, the most vital and useful bits of information on the competition, participation, visa issuance, board, lodging and training camp opportunities can also be found here.

The Hungarian Canoe Federation is hoping to see you at the 2024 ECA Canoe Sprint, Paracanoe & SUP European Championships between 12-16<sup>th</sup> June 2024 in Szeged.

If you are looking for more information, do not hesitate to visit the official website of the competition: [www.szeged2024.com](http://www.szeged2024.com)

**SEE YOU IN JUNE  
THE HOST ORGANISING COMMITTEE**



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# HOST ORGANISING COMMITTEE

**Chairman**

SZAKÁCS, Bálint

**Technical Organiser**

HORVÁTH, Noémi

**Event Manager**

VIDA, Gergely

**Event Technology**

SZTAICS, István

**Head of Marketing**

RÁPOLTHY, Balázs

**Secretary of the OC**

DOBA, Alfréd

**Director of Supporting Services**

SZOVICS, Zoltán

**Head of IT**

KÁRPÁTI, Zoltán

**Head of Hospitality**

KOVÁCS, Orsolya

**Official Hotels Liaison**

VÉKÁSSY, Zsuzsanna

**Master of Ceremonies**

RÉDEI, Zsuzsa

**Head of Transportation**

ÁBRAHÁM, Csaba

**Media Officer/Press Chief**

KURILLA, Viktor



# LIST OF EVENTS

**VENUE:** Maty-ér Regatta Course, Szeged, Hungary

**COMPETITION DATE:** 12-16<sup>th</sup> June, 2024

## SPRINT AND PARA CANOE DISCIPLINES

	<b>WOMEN</b>	<b>MEN</b>
<b>K1</b>	200m, 500m, 1000m, 5000m	200m, 500m, 1000m, 5000m
<b>K2</b>	200m, 500m, 1000m	200m, 500m, 1000m
<b>K4</b>	500m	500m, 1000m
<b>C1</b>	200m, 500m, 5000m	200m, 500m, 1000m, 5000m
<b>C2</b>	200m, 500m	200m, 500m, 1000m
<b>VL1, VL2, VL3</b>	200m	200m
<b>KL1, KL2, KL3</b>	200m	200m

Note: 5000m races will be conducted on a circuit course and it will consist of 1 long and 5 short laps, NO portage. Final details will be published in the Last Info.

## SUP DISCIPLINES

	<b>OPEN WOMEN</b>	<b>OPEN MEN</b>
<b>SPRINT</b>	200m	200m
<b>TECHNICAL</b>	1000m	1000m
<b>LONG DISTANCE</b>	9km	9km

## UNOFFICIAL SUP EVENTS

	<b>OPEN WOMEN</b>	<b>OPEN MEN</b>
<b>INFLATABLE</b>	4.5km	4.5km

# PROGRAMME

## 09<sup>th</sup> June (Sunday)

- Access period starts
- Accreditation opens
- Regatta Course opens for training

## 10-11<sup>th</sup> June (Monday–Tuesday)

- Official training times for all disciplines
- Paracanoe classification

## 11<sup>th</sup> June (Tuesday)

- Athletes' Briefing of the SUP European Championships
- Team Leaders' meeting of the Sprint and Paracanoe European Championships
- ITO's meeting
- Official training times with starting machine test
- Opening Ceremony

## 12-15<sup>th</sup> June (Wednesday–Saturday)

- ECA SUP EUROPEAN CHAMPIONSHIPS competition days

## 13-16<sup>th</sup> June (Thursday–Sunday)

- ECA SPRINT AND PARACANOE EUROPEAN CHAMPIONSHIPS competition days

## 16<sup>th</sup> June (Sunday)

- Access period ends (in the evening)

## COURSE

The 2,400-metre long, 122-metre-wide regatta course is located two kilometres south of Szeged. Being an artificial course, current is not an issue here and it is quite well sheltered from strong winds as well. It is equipped with a new Albano system and has nine lanes along with a separate warm-up line. There will be electric time keeping with a photo finish camera and video recording. Automatic starting system will be used for the start. The facility fully meets the ECA requirements.

## **BOAT/BOARD TRANSPORTATION**

Please contact Your Chamber of Commerce or Customs Office to obtain the accurate information regarding the documents necessary for boat transportation.

## **BOAT/BOARD RENTAL**

The Host Organising Committee is not responsible for boat/board rental. Please, contact boat manufactures directly if you need to rent a boat/board.

## **INSURANCE**

All official participants of the European Championships are strongly advised to take out a medical insurance policy in their respective countries.

## **MEDICAL CARE**

The following medical services are available for all official participants of the European Championships: doctor on duty, hospital, and clinic assistance. A medical centre will operate at the regatta course with ambulance and first aid. The costs above the regular first aid, ambulance and physiotherapeutic services are to be covered by the athletes own medical insurance policy. The Organising Committee is not responsible to cover your expenses in connection with hospital treatment, dental treatment or any other medical treatment.



# HUNGARY

## CITY OF SZEGED

Entitled as the capital of sprint canoeing, Szeged is the seat of Csongrád County and the fourth largest city in Hungary. It is situated near the south-eastern border of Hungary right by the Tisza River. A large part of the town lies on the right bank, while Újszeged (New Szeged), a suburban district of residential homes and parks is on the left bank of the Tisza. Szeged is the cultural and economic centre of South-Eastern Hungary and a thriving university town, which is also famous for its open-air theatre. The city centre is marked by the medieval Tower of St. Demetrius and the stately twin spires of the Votive Church. This cathedral was built in the first decades of the 20th century to commemorate the revival of the city after the devastating flood of the river in 1879. By Hungarian standards, Szeged is a large city, with a population of 177,000. The climate is very favourable of canoeing; the annual mean temperature being about 11 °C (52F), somewhat higher than in the rest of the country. Szeged is sometimes called the City of Sunshine as there is an average of 2,000 hours of sunshine annually.



### GENERAL INFORMATION ON HUNGARY

**Population:** 10.2 million

**Area:** 93.036 km<sup>2</sup>

**Capital:** Budapest (Territory: 525 km<sup>2</sup>)

**Time zone:** GMT +1 hour

**Official language:** Hungarian

**State form:** republic

Hungary is a landlocked country in Central Europe surrounded by Slovakia, Ukraine, Romania, Serbia, Croatia, Slovenia and Austria. The Danube River forms part of Hungary's north-western border with Slovakia, and then flows south through Budapest, dividing Hungary into two general regions. A low, rolling plain known as the Great Hungarian Plain, covers most of the region east of the Danube extending east to Romania and south to Serbia. Hungary has a continental climate with cold, cloudy, humid winters and warm to hot summers. Average annual temperature is 9.7 °C (49.5F). Temperature extremes are about 38 °C (100F) in the summer and -29°C (-20F) in the winter. Average temperature in the summer is 27 to 32 °C (81 to 90F). The average yearly rainfall is approximately 600mm (24 in).

## VISA

All participants are kindly requested to contact the Hungarian Embassy or consulate in their respective countries (or the closest to you) in time regarding visa requirements. The difficulty of obtaining a visa to Hungary varies by regions but you should calculate with a 45-day long issuing period to ensure the safe attainment of the visa.

### THE TYPICAL STEPS OF OBTAINING VISA ARE AS FOLLOWS:

1. Booking accommodation via the HOC or sending the confirmation of your hotel booking to the HOC (if booked individually) - please note, the HOC cannot take responsibility for rejection of visa issuance
2. Sending the filled-in visa application form to the HOC (national teams: [booking@szeged2024.com](mailto:booking@szeged2024.com), SUP athletes: [sup@szeged2024.com](mailto:sup@szeged2024.com))
3. The HOC issues the Letter of Invitation
4. Contacting the Hungarian Embassy / Consulate serving in your country / territory and do the paperwork they request from you
5. Visa issuance

Please, note that the HOC will not send you an invitation letter without knowing your / your teams' arrival/departure dates, where you are staying, how many people there are in your team and who they are. The Ministry of Foreign Affairs asks for the same information from us, so we cannot stand up for you without you standing up for yourself by providing this information.

### Training camps in Hungary for national teams

With its nice calm waters and well-known heritage in the paddling sports, Hungary is a popular location for training camps again in 2024. Because of the usual high demand, please plan your training camps and contact the Hungarian Canoe Federation at [booking@szeged2024.com](mailto:booking@szeged2024.com) well in advance, so we can prepare you a custom-tailored package completed with transportation and motorboat.

# **SPRINT AND PARACANOE ENTRIES IN THE SDP SYSTEM**

The Host Organising Committee requires you to use the online entry system (SDP) of the ICF to submit your numerical and nominal entries. The system can be reached at: <https://icf.mev.atos.net/icf/main.jsp>

(In case you need help with the SDP, please contact the administrator directly at: [sdp@canoeicf.sport](mailto:sdp@canoeicf.sport))

## **HOTEL BOOKING AND TEAM REGISTRATION**

Kindly note that hotel reservations and team registrations (without a hotel reservation) have to be submitted via the HMS (Hospitality Management System) at <https://hms.digicorp.hu/login>

The system will open on 15<sup>th</sup> January, 2024.

Please, be informed that registering your team in the online system (arrival & departure dates, no. of persons) is a must even if you are planning to book your accommodation independently from the Host Organising Committee.

Prior to logging in for the first time, please, send an email to Ms. Orsolya KOVÁCS at [booking@szeged2024.com](mailto:booking@szeged2024.com) even if you have used the system earlier, since we need to add the new event to your profile.

**PLEASE, NOTE THAT THE SPRINT AND THE PARACANOE EUROPEAN CHAMPIONSHIPS ARE TWO DIFFERENT EVENTS IN THE HMS, SO PLEASE MAKE SURE THAT YOU LET US KNOW IN CASE YOU NEED ACCESS TO BOTH PLATFORMS (this means that you need to submit your reservation, rooming list, airport transfer reservation, etc. for the sprint and the paracanoe teams separately).**

Please, note that email modification requests cannot be accepted and will not be considered: all changes should be indicated exclusively – before and after the deadlines – in the online system.

Please, remember that no booking or modification request can be considered as confirmed until you get a notification on it from the HOC.

# IMPORTANT INFORMATION FOR PARACANOE TEAMS

Please, note that the number of accessible rooms in and around Szeged are lower than in the previous years. We would like to kindly ask you to contact the HOC at [booking@szeged2024.com](mailto:booking@szeged2024.com) before submitting any reservation in the HMS for your paracanoe team, so we can discuss the different options and will find the best solutions.

Please, also inform us on the no. of female / male wheelchair athletes in your paracanoe team, so we can make an appropriate offer for your team.

## DEADLINES FOR SUBMITTING YOUR ENTRIES AND FORMS:

- Hotel Reservation (HMS): 1<sup>st</sup> March, 2024
- Team Registration without Hotel Booking (HMS): 1<sup>st</sup> May, 2024
- Airport Transfer Reservation (HMS): 1<sup>st</sup> May, 2024
- Rooming List (HMS): 15<sup>th</sup> May, 2024
- Numerical Entry (SDP): 29<sup>th</sup> April, 2024
- Nominal Entry (SDP): 3<sup>rd</sup> June, 2024



# BOARD AND LODGING

The Accommodation Package fee is to be paid for the length of your team's stay during the access period on a daily basis, which starts 9<sup>th</sup> June (Sunday) and ends on 16<sup>th</sup> June (Sunday) when the services below are provided. For bookings outside this period please, see the chapter about training camps.

## ACCOMMODATION PACKAGES

### **CATEGORY 1 (4-STAR HOTELS, REGATTA COURSE HOTEL<sup>1</sup>)**

- single occupancy<sup>2</sup> 190 EUR/person/day
- double occupancy<sup>3</sup> (twin/double room) 155 EUR/person/day
- double occupancy – accessible 155 EUR/person/day
- triple occupancy<sup>4,5</sup> 125 EUR/person/day
- triple occupancy – accessible 125 EUR/person/day

### **CATEGORY 2 (3-STAR HOTELS)**

- single occupancy 155 EUR/person/day
- double occupancy (twin/double room) 130 EUR/person/day
- triple occupancy 110 EUR/person/day

### **CATEGORY 3 (2-STAR AND 3-STAR HOTELS AND GUEST HOUSES)**

- single occupancy 130 EUR/person/day
- double occupancy 120 EUR/person/day
- triple occupancy 105 EUR/person/day

### **CATEGORY 4 (2-STAR MOTELS, GUEST HOUSES)**

- single occupancy 110 EUR/person/day
- double occupancy 105 EUR/person/day
- triple occupancy 95 EUR/person/day
- quadruple<sup>6</sup> occupancy 85 EUR/person/day

<sup>1</sup> at the Regatta Course Hotel only wheelchair athletes can book their accommodation, exclusively in twin or triple rooms, no single occupancy can be reserved. Please, always contact our Hospitality Department before submitting a reservation for your paracanoe team to discuss availability

<sup>2</sup> one person in the room, the type of bed can be either a single or a double bed

<sup>3</sup> two persons sharing the same room. Please, choose a twin room in case you need two single beds or a double room in case the 2 persons would share a double bed

<sup>4</sup> only a limited no. of triple rooms is available in category 1, please, contact the HOC before booking

<sup>5</sup> three persons sharing the same room

<sup>6</sup> four persons sharing the same room

## **THE ACCOMMODATION PACKAGE FEE INCLUDES THE FOLLOWING SERVICES:**

### **NON-COMPETITION DAYS:**

- Accommodation
- Three meals per day
- Accreditation services
- Info desk
- Boat storage facilities
- Boat measurements and control facilities
- Boats and equipment repair services
- Shuttle bus service
- Right of common and operational costs of the venue
- Medical care at the course
- Security service at the course
- Fully comprehensive insurance for the event
- Parking (sticker) for one trailer and one accredited vehicle (up to 3,5t) /team
- Drinking water

### **COMPETITION DAYS:**

- All the above
- Doping control
- Live streaming of the races
- Timing and results system
- Boats numbers distribution
- Results and information announcements
- EXPO village
- Athletes Lounge

## **TRANSFER**

The Accommodation Package fee and Participation Fee does NOT include airport (Railway Station) transfer to and from Szeged.

For teams larger than 3 persons arriving together at the same time we offer the transfer between Budapest and Szeged for 34 EUR/person/one-way. Individuals and teams of 3 or less requiring transfer should contact the HOC for an individual price.

Kindly note that the transfer reservation request should also to be submitted via the HMS (Hospitality Management System).

In case the airport transfer reservation request is not added by the deadline (1<sup>st</sup> May, 2024) or your exact departure date & time will not be known by the time of accreditation, the transfer fee will increase to 45 EUR/person/one-way.

## **PARKING**

Sprint and paracanoe teams will receive one parking pass for one trailer and one accredited vehicle (up to 3,5t). The sticker is valid for a maximum 9-seater minibus size vehicle to the parking lot behind the Athletes Area.

Further parking stickers are available for 50 EUR/car/competition.

# TERMS OF PAYMENT

The accommodation and participation fees are to be paid as below:

Hotel reservation deadline is 1<sup>st</sup> March, 2024. Once the HOC confirms your booking, 60% of the total amount will be invoiced with 8 days payment terms. Kindly note that the booking shall be provisional until the payment of the invoice has arrived to our bank account, hence the Organising Committee reserves the right to alter or cancel the reservation until that time. With the arrival of the payment, it shall be a confirmed reservation. An updated proforma invoice will be sent by the Organising Committee verifying the arrival of your transfer to our bank account.

Participation fee (for those who booked their accommodation on their own and not through the HOC) has to be paid upon the proforma invoice sent by the HOC. Please, make sure to keep the deadline of submitting the nominal entries.

100% of the accommodation and/or participation fees have to be paid until 3<sup>rd</sup> June, 2024.

**Bank:** Granit Bank Zrt.

**Bank address:** 8. Lechner Ödön fasor, Budapest, Hungary, 1095

**Account No:** 12100011-10208890-00000000

**BIC CODE:** GNBAHUHB

**IBAN:** HU65 12100011 10208890 00000000

**Beneficiary:** Magyar Kajak-Kenu Szövetség, Latorca utca 2., Budapest 1138, Hungary

The currency of the account is Euro, so please make sure that your payment is in Euros. Please, do not forget about the transaction fees. It is your responsibility to pay these extras when transferring money to our bank account.

## ACCEPTED METHODS OF PAYMENT ON-SITE IN THE ACCREDITATION CENTRE

Besides cash (only Euro is accepted) we accept Visa and MasterCard credit/debit cards.

## CANCELLATION TERMS

Should you cancel or modify your hotel booking, a charge will be made equivalent to any loss suffered by the Organising Committee, as itemised below. The amount of the cancellation fee will be calculated as a percent of the accommodation package fee according to the following period of notice given:

No forfeit, if cancelled until 1<sup>st</sup> March, 2024

50% forfeit, if cancelled between 2<sup>nd</sup> March - 1<sup>st</sup> April, 2024

100% forfeit, if cancelled after 2<sup>nd</sup> April, 2024

Please, note that in case you submit your room reservation after the reservation deadline (1<sup>st</sup> March, 2024) and we are able to confirm your request, the relevant cancellation terms will come into effect immediately from the moment of your reservation.

# SUP ENTRIES

Accreditation requests, entries and payments must be made at <https://entry.szeged2024.com/registration> website exclusively.

The site will be available from  
**15<sup>TH</sup> JANUARY, 2024**

Each competitor represents himself/herself and is responsible for their own entries and participation. Only a person participating in the competition can register at the online platform.

Non-participating persons (e.g.: team leader, coach, staff) can be accredited and added to the registration by the competitor. Maximum 1 non-participating person can be added per competitor, who has to be at least 18 years old.

The HOC offers discounts for multiple entries in sprint, technical and long-distance events.

**Participation at 1 event** 80 EUR

**Participation at 2 events** 95 EUR

**Participation at 3 events** 110 EUR

**Participation at the inflatable event** 55 EUR

The inflatable category is completely independent of the official races. The fee must be paid by any athlete who intends to enter the inflatable event. All participants of this category will be awarded with a finisher medal.

**Non-participating person** 45 EUR



## SERVICES INCLUDED IN PARTICIPATION FEES

	TECHNICAL, SPRINT, LONG DISTANCE EVENT PARTICIPANT	INFLATABLE EVENT PARTICIPANT	NON- PARTICIPATING (ACCOMPANYING) PERSON
Admission to accredited areas	✓	ONLY ON SATURDAY	✓
Guarded board storage	✓	✓	✗
Medal for winners	✓	✓	✗
Finisher medal	✗	✓	✗
Parking (sticker) for one accredited vehicle/person	✓	✓	✗
Bib vest and distribution	✓	✓	✗
Drinking water	✓	✓	✓
Medical care at the venue	✓	✓	✓
Internet access	✓	✓	✓
Security service at the venue	✓	✓	✓
Fully comprehensive insurance for the event	✓	✓	✓
Right of common and operational costs of the venue	✓	✓	✓
Organisational costs	✓	✓	✓
Live streaming of the races	✓	✓	✓
Timing and results system	✓	✓	✗
Results and information announcements	✓	✓	✓
Expo village	✓	✓	✓
Sup athletes lounge	✓	✓	✗



## GENERAL CONDITIONS OF THE PARTICIPATION IN SUP EVENTS

The competition is run in compliance with the 2023 ICF SUP Rules.

### RANGE OF PARTICIPANTS

- The competition is open to anyone who complies with the rules and regulations of the competition.
- Membership in an ECA (European Canoe Association) National Federation is not a requirement to participate in the competition.
- The first year an athlete can compete in an ECA competition is the year of their 15<sup>th</sup> birthday (ICF Rule 1.4.1)
- If a competitor is under the age of 18, parental consent is required for participation.
- Each competitor is individually responsible for his / her own participation and the administrative duties related to his/her entry.
- Registration and entries should be made individually.
- By registering and participating in the competition the participants assure at the same time their ability to swim at least 200 m without assistance and are comfortable paddling in open water.

### SPORT NATIONALITY

- The sport nationality of the athletes is determined by their nationality or country of their domicile.
- An athlete may only represent one nation during the calendar year.
- For full details, please visit the ICF SUP Competition Rule book.

## LUNCH AT THE VENUE

The HOC offers lunch at the venue during the access period. Lunch can be purchased through the online system for both SUP athletes and non-participating persons.

**LUNCH 20 EUR / day / person**

## OFFICIAL HOTELS AND SHUTTLE SERVICE

The HOC will partner several hotels in different categories. The properties, along with the booking conditions & prices will be revealed in January, 2024.

Shuttle service between the Regatta Course and the official hotels will be available on a daily basis.



## AIRPORT TRANSFER

The HOC offers airport transfer between the Budapest Liszt Ferenc International Airport and Szeged.

To prepare an individual price offer, you are kindly requested to fill out the official airport transfer reservation form (available at <https://entry.szeged2024.com/registration> during the entry process) and send it to [sup@szeged2024.com](mailto:sup@szeged2024.com) at your earliest convenience, but not later than 1<sup>st</sup> May.

In case you accept the offer, the transportation fee should be paid immediately through the entry system (you will receive an individual payment link).

## PARKING

SUP athletes will receive one parking pass for one accredited vehicle (if you tick the checkbox during the entry process). The sticker is valid for a maximum 7-seater vehicle at the dedicated SUP parking area.

**Further parking stickers are available for 50 EUR / car / competition.**

## BIB SINGLET

At the accreditation desk each competitor will receive their own individual BIB singlet, which will serve their identification during the event(s). It is the responsibility of each competitor to wear the singlet!

Please note, that we charge a deposit for the BIB, which can be paid online at the entry system or at the accreditation. (Deposit cannot be paid onsite by credit card)

<b>DEPOSIT PAID ONLINE</b>	<b>20 EUR/BIB</b>
<b>DEPOSIT PAID ONSITE (CASH ONLY)</b>	<b>30 EUR/BIB</b>

The deposit is 100% refundable. The BIB must be picked up with the accreditation and athletes can drop the BIB at any time in accreditation if they have no more races. The deposit will be refunded / released on the account in the following days or refunded in cash onsite.

If the BIB is lost, the HOC will replace it for another deposit.



## **TERMS OF PAYMENT**

The participation fee, additional parking stickers, airport transfer and the deposit on the BIB singlet can exclusively be paid through the online system accepting card payments through Barion. Due to the deposit policy, a so-called reservation payment is applied. This scenario means that upon paying the total fee, the money is not immediately handed over to the HOC, but it becomes blocked until the HOC finalises or partially finalises the purchase. Banks unlock the released amount in different ways, hence it may take a few days for the balance to reappear in your account.

All the added parameters in the online system can be modified freely prior to a successful transaction. No claim for money refund can be lodged against the HOC after the successful transaction.

### **PAYMENT DEADLINE: 31<sup>TH</sup> MAY, 2024**

We wish to remind all participants that the online site will close after the deadline given. The online system cannot accept any registration, entry or payment after the due dates. After the payment deadline the HOC will not process the entries and purchases of those registered yet not completed with a successful transaction, these are considered void.

The HOC accepts onsite entry with the race director permission in exceptional cases exclusively in case the inclusion of the new entry does not result in the amendment of the competition program. Onsite registration and entry are possible upon paying the extra administration fee on top of the regular entry fee on 11<sup>th</sup> June 2024 between 09:00 and 14:00 at the SUP accreditation centre.

### **EXTRA ADMINISTRATION FEE: 100 EUR**

By registering to the race, the participants give a declaration on their health condition as detailed in the General Terms and Conditions. The HOC cannot be held responsible for any damage to health and its consequences which occur due to the competitor's health condition.

# EVENTS AND COURSES

## SPRINT

The sprint races will cover a distance of 200 meters. Each athlete must use their designated lane. During the race, athletes are not allowed to change their lanes. Lane change will result in disqualification from the race. Hard boards up to 14' long are to be used.

## LONG DISTANCE

The long distance race will be approximately 9 km long. There are no heats for the long-distance races, so all participants will compete in the final race. The course will consist of 4 laps. Hard boards up to 14' long are to be used.

## TECHNICAL

The technical races will consist of one lap, covering approximately a distance of 1000 meters. The race features 5 buoy turns, consisting of three left turns and two right turns. Turning buoys will be different colours for left and right turns, making it easy to identify. Hard boards up to 14' long are to be used.

## INFLATABLE

The 4,5km long inflatable race will consist of two laps. There are no heats for the inflatable race, so all participants will compete in the final race. We apply a cut off time of 25 minutes. In case a participant does not start the second lap by that time, he or she cannot continue the race. This is for keeping the schedule and not causing any delays. Inflatable boards up to 14' long to be used.

## START & FINISH

The sprint event will use the starting boot system.

There will be stationary water start for long distance, technical and inflatable events. The position of the boards at the start is such that the noses of the competing boards are on the starting line. The boards may be held at the tail by board holders. There will be no portage. The finish line is the permanent finish line of the course for all events.

